



Associated Students of Solano Community College

# ASSC NEWSLETTER

4000 Suisun Valley Road, Fairfield, CA 94534 (707) 864-7000, Ext.4367

This newsletter is online at <http://www.solano.edu/> under "News"



### Important Fall Dates:

- Dec. 3rd-6th Stress-Less Week at the 1400 building
- Dec. 6th-8th Horticulture Club Holiday Plant Sale
- Dec. 10th-16th Final Examinations
- Dec. 15th– Jan. 9th Winter Recess
- Dec. 16th Fall 2018 Ends



**Come to the ASSC Student Government Mtgs. on Tuesdays  
12:30-2:30 p.m. in Room 1421  
(In the Fish Bowl)**

Meetings are open to the Public

Sign Up for Student Leadership and be a part of Student Government.

### Inter-Club Council - ICC

September 6th, 14th, 20th, and 25th:  
Regular meetings, 1st & 3rd Thursdays:  
12:30 – 1:30 p.m. - Room 1421

## December 2018 Happy Holidays!

### Positive Post-It Day!

**December 3rd  
10am-12pm**

Write yourself or a peer a positive post-it to start of the week



### Paws 4 a Break

De-stress with your favorite cuddly friends.

December 5th 10am-12pm

Brought to you by the SPCA!

All dogs are available for adoption at the SPCA. Adoptee's must be 21.

### Hot Cocoa



**December 4th  
10am-12pm**

### Ugly Sweater Contest!

Prizes, hot Cocoa, and Krispy Kreme for ALL!

Thursday December 6th 10:30am-12pm 1400 bldg.

1st place: \$75 Amazon Gift Card

2nd Place: \$50 Amazon Gift Card

3rd Place: Amazon Gift Card



## SAFETY TIPS FOR YOUR HOLIDAY SEASON

### PARKING

Park close to your destination in highly visible, well-lit areas

If you plan to leave the office after sunset, try to move your vehicle closer to the elevator/stairwell

Always lock your car doors

Never leave any valuables in plain view. Lock them up in your glove compartment or in the trunk

As you approach your vehicle, look around it and in the back seat Once inside, roll up the windows and quickly lock all doors, as most people let their guard down once inside

### WALKING TO YOUR CAR

Walk with confidence and pay attention to your surroundings, people and other vehicles in the area

Consider the buddy system and walk to your car with a colleague Treat the parking lot like a street – look both ways and avoid high traffic areas

Carry your purse close to your body and your wallet in your front pocket

Have your keys in your hand before you reach your vehicle



### DRIVING

Keep an eye on all moving vehicles – other drivers may not see you

Drive slowly and use turn signals, obey traffic signs, stay in your lane and avoid cutting across lots or going the wrong direction

Watch for pedestrians in unexpected locations, especially small children and parents with baby strollers

Be especially mindful of pedestrians and other vehicles when backing out Don't be distracted by talking on the phone or wearing headphones

### IF YOU SENSE TROUBLE

Trust your instincts!

If you begin to feel unsafe, walk to a safe place and contact Sheriff Dispatch at 707-421-7090

If you fear for your life, call 9-1-1 Be cautious about unfamiliar people approaching you in parking lots

Do not hesitate to scream or activate your alarm

If you suspect you are being followed, switch directions and immediately walk to a well-lit and populated area and call 9-1-1 (if on campus call 707-421-7090)

## Solano Community College SAFE App

The SAFE APP puts Safety Features on Student's, Faculty, and Staff's Cell Phones.

SCC has released a mobile SOLANO SAFE App aimed at further enhancing safety on campus.

The app is available for download where apps are sold (Apple iOS, Google Play, etc.) for FREE! It is specifically designed to help students, faculty, and staff stay SAFE!

- Access emergency plans detailing specific actions students should take in the event of an emergency situation.
- Contact on/off campus emergency personnel.
- Follow the Solano Safe News Feed for Safety and other related information such as weather alerts.
- Access a personal safety toolbox with a flashlight, alarm, and personal safety tips.
- Report suspicious activity with photos being directly submitted to SCC's Sheriff's Office.
- Open "real-time" chat with an on-duty deputy including a mobile emergency "blue light" button that lets users send their location to the SCC's Sheriff's office.
- Find Student support resources including campus police services, mental health, and other important contacts.

### Crime Beat: *Tips and services:*

If you are working or studying late, arrange to leave with a friend or call Campus Sheriff's Office at

707-580-6526 (Fairfield Campus), 707-580-4936 (Vallejo Center) or 707-580-6054 (Vacaville Center) forR escort. **Please call if you see any suspicious behavior. NUMBERS PREVIOUSLY LISTED**

- When leaving your vehicle, be sure it is locked and secured. Lock any valuable items in the glove compartment or in the trunk. Do not leave anything of value out in the open for all to see.
- Please always be prepared for the unexpected. Visit our website at [www.solano.edu/police/safetyaware.php](http://www.solano.edu/police/safetyaware.php) and view the, "Run, Hide, Fight Surviving an Active Shooter Event Video" to better help you prepare for these types of situations.
- Also, ensure records and admissions have your latest contact information so we can send you timely alerts and notifications should an incident occurs on our campus.
- Keep your cell phone with you at all times and ensure it is charged just in case you need to use it to call for help.

### Solano Community College Horticulture Club

For over 25 years Solano Community College has had a very active & productive **Horticulture Club**.

The club holds plant sales to raise money for Horticulture student scholarships. The club was originally set up to acquaint students with the commercial sales aspect of This club welcomes anyone interested in being a member to join, rather than only accepting registered students! All members have access to the latest horticultural practices from the college horticulture staff (expert advice always available), discounts to local nurseries & landscape supply businesses, monthly demonstrations and seminars on gardening issues, access to Horticulture Club at SCC Propagation and Greenhouse Facilities, a community garden plot area at SCC to grow your own vegetables, and associated memberships in the California Garden Clubs and National Garden Clubs of America. All for only \$12 per year!

**Horticulture Club meetings** are held the 2nd Monday of each month at 6-8:30 p.m. in the Solano Community College Horticulture Building 1000, For more information, Call 707-864-7221

### Student Life Office Services

Room 1425

Monday-Thursdays 8am-5pm

Friday's: 8am-3pm

707-864-7168

Associated Students of Solano Community College (ASSC)  
Interclub Council Meetings (ICC)  
Honor Societies Applications  
ASSC's Students Helping Students Grant Program  
Lost and Found  
Quiet Study Room  
Snack Pantry  
Food Pantry Main Campus and Vallejo Center (Every Thursday 1pm-4pm)  
Student Resource Information  
Homeless Student Support  
Vendors/Non-Profit Visits

## CCPLS

Community College Pathway to Law School- A clear pathway from community college to law school.



Are you interested in the field of law? Have you ever thought that you would make a great attorney? SCC has developed a special partnership with 8 top graded undergraduate and law school programs, (UC Davis, UC Irvine UC Berkley, This is a partial list) for more information contact,

**Dr. Rischa Slade at 707-863-7839 or [Rischa.Slade@solano.edu](mailto:Rischa.Slade@solano.edu)**

**RIDE FOR FREE\***  
**SHOW YOUR SCC STUDENT ID!**

WITH CURRENT  
SEMESTER STICKER



FAST

CITY COACH

SolTrans

Solano Express

**TRY THE BUSES FOR FREE!**

**FREE TRIAL PERIOD** until further notice. Then a reduced fare will be available to ride all 4 operators using a mobile app.

Brought to you by Solano Community College and the, Solano Transportation Authority

**For more information Contact (800) 535-6883**

## Student Health Center – Room 1409 (707) 864-7163

We at the Student Health Center are here to help you stay healthy and learn more about your health.

The services at the Student Health Center are free to students.

### Health Center Staff

Sheri Buckley, BSN, RN, PHN

Regina Huerls-Washington, HA

### Health Center Hours

Mon thru Thurs 8:30 a.m.-7:00 p.m.\*

\*(hrs. subject to change)

Friday 8:30 a.m. - 3:00 p.m.

*Closed when there are no classes.*



The Student Health Center has many services that support your efforts to succeed at college. Stop by to learn more about our services and to meet our friendly staff. Check out our webpage at [www.solano.edu](http://www.solano.edu). Click on "Campus Life" then "Health Center"

- **Pregnancy Testing**
- **Blood Pressure Check**
- **Blood Sugar Monitoring**
- **Strep Throat Testing**



**Tuberculin (TB) Skin Testing** is offered on **Mondays & Tuesdays** - Please call in advance at 864-7163 for an appointment. You must return in 48-72 hours post-test to have the Tuberculin skin test read and receive your record of testing.

**Health Screening** exams are available at the Student Health Center for Children's Program students. Drop-in or make an appointment for your Health Screening.

**Screenings/testing:** Health, diabetic, vision, hearing and urine screenings.

**Medications:** Free over-the-counter medications for common conditions are available free to students at the Student Health Center. Medications include: generic choices of decongestants, pain medications, cough suppressants, lubricating eye drops, burn gel, & more.

**FREE Condoms:** Includes X-large, latex-free - also, female condoms

**Lactation Station** – Privacy for breastfeeding students to breastfeed their babies or pump milk. Stop by and we'll find a comfortable place for you.

### Planned Parenthood Shasta Pacific

1325 Travis Blvd., Suite C, Fairfield, CA 94533

(707) 429-8855

90 Broadway, Vallejo, CA 94589

(707) 643-4545

### National Suicide Prevention Lifeline, 1-800-273-8255

This free, 24-hour hotline is available to anyone in suicidal crisis or emotional distress.

Press 1 for Veterans assistance.

Para Española, oprima 2.

<http://www.suicideispreventable.org/>

## TRAINING AND TECHNICAL ASSISTANCE FOR CALIFORNIA COMMUNITY COLLEGES

### Looking for Student Mental Health Ambassadors!

#### Those who are accepted will:

- Be trained as a Student Wellness Ambassador through a combination of in-person and online training;
- Be connected with a faculty advisor on their campus;
- Complete a series of milestone goals around peer-outreach on campus, share mental health and wellness materials, plan a health and wellness event or activity, work with a faculty advisor, participate in monthly calls with fellow Student Ambassadors;

Get more information at:

<http://ccstudentmentalhealth.org/resources/student-wellness-ambassador-FAQ.php>

### National Suicide Prevention Lifeline, 1-800-273-8255

This free, 24-hour hotline is available to anyone in suicidal crisis or emotional distress.

Press 1 for Veterans assistance.

Para Española, oprima 2.

<http://www.suicideispreventable.org/>

### Mental Health Therapist

#### *No Longer Available at the Student Health Ctr.*

For information on Mental Health services in Solano County

contact the Student Health Center, or

**Aldea Children and Family Services**

(707) 427-1845

470 Chadbourne Rd., Ste A, Fairfield, 94534

**Solano County Mental Health Access Line**

1-800-547-0495

**Solano County 24 hours Crisis Line**

(707) 428-1131

Are you struggling with anxiety, depression, substance abuse, or a personal crisis?

Solano Community College can help you get in contact with a therapist.

Please contact Counseling Services at, [counseling@solano.edu](mailto:counseling@solano.edu)

or stop by building 400 room 404 at the Fairfield Campus

Mon-Thurs 8:30am-3pm Fri 8:30am-3pm  
707-864-7101

### NEED HELP???

Text "Courage" To: 741741 **FREE. 24/7. CONFIDENTIAL.**

Many of us will experience a mental health challenge in our lifetime. ALL of us have a reason to speak up.

Provided by: Crisis Text Line

### Stay Healthy This Holiday Season



Wash your Hands!





### Important Dates and Deadlines

12/04/18	Registration (4) New students who have completed
12/05/18	(5) Returning Students;
12/06/18	(6) Transfer Students;
12/07/18	(7) New students who have not completed (8) Orientation, Assessment, Ed Plan;
12/10/18	(8) Concurrently Enrolled K-12 Students;
12/11/18	(9) Open Registration

#### December

12/10/18 - 12/16/18	Fall 2018: Final Examinations – Day & Evening classes
12/15/18 - 01/09/19	Winter recess, no classes
12/16/18	Fall 2018 semester ends
12/20/18	Fall 2018: Faculty grade submission deadline (by 5:00 pm on the 4th day from the last class meeting)

Please check Solano Website for updates and possible changes.

Student I.D.'s are now available at the Cashier's Office in the 400 building.

- Must be registered for classes
- Must have photo I.D.

**Step 1:** First, you must Purchase your ID either online or at the Cashiers office in the 400 bldg.

**Step 2:** Bring proof of payment and copy of your current schedule along with a valid photo ID (CDL, HS ID, Passport, etc.) refer your classmates to the 400 building to get their SCC Student I.D.

**Final Step:** Have SCC Photo ID Card created on the spot! ID cards are valid for 3 years (9 consecutive semesters).

With your Student ID:

- You can receive discounts!!
- You can attend Solano College Home Games Free
- You can use the Quiet Zone Study Room next to the Student Life Office (Student ID card required)
- Student ID cards are required to borrow math books in the Math Activities Center Lab(1500 bldg.)

### Notice to Students Regarding Parking on All Solano College Campuses

If you haven't already done so, now is the time to purchase your semester parking permit online through MySolano.

To purchase your parking permit:

1. Log into your student account on MySolano
2. Click on "Student Parking", located on the bottom right-hand side underneath the "Parking" header

Be sure to have a printer available at the time you make your purchase in order to print the temporary permit you'll need to use until your decal arrives in the mail. Purchasing a decal now for \$20 will eliminate your need to worry about having a permit for the entire semester. Another option is to use the daily parking permit dispensers located on the perimeter of each of the campus parking lots.

Parking permits are refundable if you drop all of your class/es and the parking permit is returned to the Campus Sheriff's Office (Building 1800B, across from the tennis courts on the Fairfield campus) no later than the refund deadline of your class/es. Be sure to check your Student Schedule/Bill to find the refund deadline of your class/es. You may find our Parking Handbook helpful in understanding the rules and policies for parking on our campuses at

[http://www.solano.edu/police/p\\_permits.php](http://www.solano.edu/police/p_permits.php).



### Academic Success and Tutoring Center (ASTC)

In the Main Campus Library and at the Vacaville & Vallejo Centers

Drop-in tutoring services with No Appointment Needed. Each semester all students utilizing the ASTC area must sign up for TUTOR500, which is a non-credit, no homework, free course. We'll help you sign up on the spot!

The ASTC space for the main campus is inside the campus Library; enter through the double doors of the library, turn left, and find us at the end of the hall near room 101.

ASTC Hours of Operation:

Fairfield Campus: M-Th 9am-6pm and Fri 9am-2pm

Vallejo Center: M-Th 9am-6pm, Fri Closed

### Career Center

**Seeking to learn more about yourself?**

- \*Learning styles; strengths and weakness
- \*Major Selection
- \*Career Choices On/off Campus employment, etc.

**Visit the Career Center in room 403 in building 400.  
Mon-Thurs 9am-4pm Fri 9am-3pm  
More information available at [collegecentral.com/solano](http://collegecentral.com/solano)**

### GradGuru

"GradGuru" APP is here for you to help you to reach your academic goals! All of SCC's academic, financial aid, and transfer deadlines are pre-loaded on this free app, as well as helpful tips to help you stay on track and graduate faster.

Available for Apple and Android!

Are you aiming for a career in Science, Technology, Engineering, Math (STEM), or Pre-Health fields?

Do you need counseling to find your academic path?

Are you the first generation in your family to go to college?

Do you feel like you need academic support?

Do you need assistance in applying for scholarships and financial aid?

**TRIO**  
STUDENT SUPPORT SERVICES

Contact us to learn about the program:  
Solano Community College TRIO SSS-STEM Program  
Building 400, Room 434, Fairfield Campus  
Robert Payawal, TRIO SSS-STEM Program Director  
TRIO@solano.edu 707 - 864 - 7000 x 4498  
<http://www.solano.edu/trio/about.php>

What the TRIO Program offers you.

Resource books, computers, printing, study groups, and FREE tutoring.

A TRIO Counselor to help you develop a comprehensive pathway toward your educational goals.

Opportunities to meet and speak with professionals in STEM fields through guest speakers and professional conferences.

Site visits to other universities to learn about potential transfer options.

A TRIO Academic Success Specialist to offer financial aid literacy and scholarship information.