SHARED RESPONSIBILITY FOR SPORT SAFETY

ASSUMPTION/AWARENESS OF RISK

The responsibility for athletic safety must be shared by all. Included in this group should be the administrators, coaches, team physicians, athletic trainers, and student-athletes as well. I, the undersigned, am aware that there is a certain risk of injury involved in my participation in intercollegiate Athletics at Solano College. Myself, and the college understand that my signature does, in no way relieve the college of its responsibilities toward my welfare. It is intended to make me aware of the responsibility being shared and that there is a risk of injury. I understand that this includes the risk of spinal cord, brain, and catastrophic injury that may result in paralysis and the possibility of other permanent injury.

1st Year Athletes Signature  Date 2nd/3rd Year Athletes Signature  Date

Parent or Guardian Signature for Minor  Date  Date Minor is 18

CONCUSSION INFORMED CONSENT

WARNING

No helmet can prevent all head or neck injuries that a player might receive while participating in athletics. Do not use the helmet to butt, ram, or spear an opposing player. This is in violation of the football rules and such use can result in severe head or neck injuries, paralysis, or death to you and possible injury to your opponent.

CONCUSSION FACT SHEET

• A concussion is a brain injury.
• All concussions are serious.
• Concussions can occur without loss of consciousness or obvious signs.
• Concussions can occur in any sport.
• Recognition and proper response to concussions when the FIRST occur can help prevent further injury or even death.
• Athletes may not report their symptoms for fear of losing playing time.
• Athletes can still get a concussion even if they are wearing a helmet.

Solano College coaches have received concussion training and understand the importance of early detection and treatment.

I have read the above information, received a concussion presentation, and fully understand its content.

1st Year Athletes Signature  2nd/3rd Year Athlete’s Signature