FALCON LEARN TO SWIM CAMPS

Parking Information:

Option 1. Daily parking permits can be purchased at the parking kiosks for $1 per day.

Option 2. Seasonal parking permits can be purchased through the community services office for $10 for the summer. Contact JJ at 707-864-7000 x. 0 or walk to her office in 1638. Her office is close to the swimming pool.

Swimming Suit Information:

For those children who are not potty trained, please purchase an “I Play” Swimming Diaper. You can find locations on the internet like swimoutlet.com or look for them at retail stores in the area. For older children, please purchase tight fitting swimwear that is designed for swimming. You can also purchase a tight fitting swim shirt or “rash guard” to provide sun protection and additional warmth. Loose fitting swimming suits and shirts can hinder the swimmer and the learning process.

Youth Swimming Instructor Information:

Our instructors are college aged student-athletes who have many years of competitive swimming experience and years of teaching swimming to children. Most instructors are members of the Solano Community College Swimming Team, and have been chosen by the camp director to be part of the Falcon Learn to Swim Program.

Adult Swimming Instructor Information:

Most of the adult lessons will be given by Scott Parrish. Scott has over 30 years of coaching and teaching experience in the area of aquatics. He has taught and coached men’s and women’s swimming and water polo at the youth, high school, club, and community college and university levels. Scott has taught many triathletes and open water swimmers over the past 30 years as well. He also teaches surfing and paddle boarding in his introduction to surfing and paddle boarding camp.

Adult Lap Swimming Information:

The Solano Community College Swimming Pool will be open for adult lap swimming from 8am-noon Monday-Thursday and on the Saturdays that the Saturday Sessions are offered.

Introduction to Surfing and Paddle Boarding Camp. Time to be Determined

We are offering our popular introduction to surfing and paddle boarding camp again this summer. This camp covers many aspects of surfing and paddle boarding such as water safety, board terminology, paddling technique, and how to stand on a moving surfboard. These lessons are $15/per half hour session, are limited to three students per session.

If you have any questions, feel free to email me at scott.parrish@solano.edu Please leave a phone number and the best time to call and I will get back to you.