Psychology for Transfer (AA-T)

CAREER PATHS:
Clinical Psychologist
Neuropsychologist and Clinical Neuropsychologist
School Psychologist
Psychology Teacher
Industrial-Organizational Psychologist
Rehabilitation Counselor

Additional Career Paths and related data, including state-by-state wage info and growth in the field, can be found at www.onetonline.org.

This program map represents one possible pathway. See a counselor to create a customized education plan. Map is for the 2019-2020 catalog year.

GET STARTED NOW!

Get started on your Pathway now with these recommended courses! Then – See a counselor to create a CUSTOMIZED education plan personalized to your career and transfer goals!

Required courses may change depending on a student's career and transfer goals, including requirements for cross-cultural and foreign language courses, and/or specific requirements for an individual CSU or UC.

Unique transfer requirements for a specific institution can be found at www.assist.org.

How to Apply: solano.edu/ar/apply.php

LET US HELP YOU!

Questions? Talk to a Counselor Now!
Main Campus, Fairfield: (707) 864-7101
Vacaville Center: (707) 863-7836
Vallejo Center: (707) 642-8188
Travis AFB: (707) 863-7878
Visit online at solano.edu/counseling

Contact Our Career Center to Learn Your Career Options!
Call 707-864-7124, or email at CareerCenter@solano.edu
Visit online at solano.edu/career

You Can Afford College! Learn more about Financial Aid!
Call 707-864-7103, or email at FinancialAid@solano.edu
Visit online at solano.edu/financial_aid

College is Accessible! Contact our Disability Services Program (DSP) at 707-864-7136.
Psychology

Associate in Arts in Psychology for Transfer (ADT: A.A.-T)

Program Description
The psychology program provides a broad overview of psychology as a science of human behavior and mental processes. The program emphasizes critical thinking, skeptical inquiry and the scientific approach to understanding major theories, methods, and research in psychology. In addition, personal, social, and organizational areas are explored.

Associate in Arts in Psychology for Transfer
The Associate in Arts for Transfer is especially appropriate for students who plan to complete a bachelor’s degree in Psychology at a CSU campus. Students completing an A.A.-T degree are guaranteed admission to the CSU system, but not to a particular campus or major. Students transferring to a CSU campus that does accept the A.A.-T will be required to complete no more than 60 units after transfer to earn a bachelor’s degree. This degree also prepares students for psychology degree programs at other four-year institutions, but does not come with the same guarantees. In all cases, students should consult with a counselor for more information on university admission and transfer requirements.

To earn the Associate in Arts in Psychology for Transfer degree, students must:
1. Complete 60 semester units that are eligible for transfer to the California State University, including both of the following:
   a. The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education – Breadth Requirements
   b. A minimum of 18 semester units in a major or area of emphasis, as determined by the community college district.
2. Obtain a minimum grade point average of 2.0.

Program Outcomes
Students who complete the Associate in Arts in Psychology for Transfer degree will be able to:
1. Demonstrate an understanding of the major theories in psychology.
2. Produce an APA formatted research proposal.
3. Demonstrate an ability to apply psychological concepts to everyday life.

<table>
<thead>
<tr>
<th>REQUIRED COURSES</th>
<th>Units</th>
</tr>
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<tbody>
<tr>
<td>PSYC 001 Introduction to Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 002 Biological Psychology</td>
<td>3</td>
</tr>
<tr>
<td>MATH 011 Elementary Statistics</td>
<td>4</td>
</tr>
<tr>
<td>PSYC 004 Research Methods in Behavioral Science</td>
<td>3</td>
</tr>
<tr>
<td>One course from List A</td>
<td>3-4</td>
</tr>
<tr>
<td>One course from List B</td>
<td>3</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>List A: (select one course)</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIO 015 Introduction to Biology</td>
<td>4</td>
</tr>
<tr>
<td>BIO 016 Introduction to Human Biology</td>
<td>3</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>List B: (select one course)</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 005 Abnormal Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 006 Developmental Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 007 Cross-Cultural Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 012 Introduction to Gender</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 020 Personal and Social Behavior</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 030 Introduction to Social Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 034 Human Sexual Behavior</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 040 Drugs, Society &amp; Behavior</td>
<td>3</td>
</tr>
</tbody>
</table>

Required Major Total Units ................................ 19-20
CSU General Education or IGETC Pattern Units .......... 37-39
CSU Transferable Electives (as needed to reach 60 transferable units)* ....................................... 10-19
Total Degree Units ............................................ 60

* 9-15 units may be double counted toward both the major area of emphasis and CSU General Education or IGETC Pattern. Consult with a counselor for more information on completing this degree.
Psychology

Program Description
The psychology program provides a broad overview of psychology as a science of human behavior and mental processes. The program emphasizes critical thinking, skeptical inquiry and the scientific approach to understanding major theories, methods, and research in psychology. In addition, personal, social, and organizational areas are explored.

Associate in Arts Degree
The Associate in Arts Degree can be obtained by completing the 22-unit major, general education requirements and electives. All courses for this major must be completed with a minimum grade of C or a P if the course is taken on a Pass/No Pass basis.

Program Outcomes
Students who complete the Psychology Associate Degree will be able to:
1. Demonstrate an understanding of the major theories in psychology.
2. Produce an APA formatted research proposal.
3. Demonstrate an ability to apply psychological concepts to everyday life.

REQUIRED COURSES .............................................. Units
PSYC 001 Introduction to Psychology .......................... 3
PSYC 002 Biological Psychology ............................... 3
MATH 011 Elementary Statistics ................................ 4
PSYC 004 Research Methods in Behavioral Science ...... 3
Three courses from List A ........................................... 9

Required Major Total Units ...................................... 22

List A: (select three courses) ................................. Units
PSYC 005 Abnormal Psychology ................................. 3
PSYC 006 Developmental Psychology .......................... 3
PSYC 007 Cross-Cultural Psychology .......................... 3
PSYC 012 Introduction to Gender ................................ 3
PSYC 020 Personal and Social Behavior ....................... 3
PSYC 030 Introduction to Social Psychology ................. 3
PSYC 034 Human Sexual Behavior ............................. 3
PSYC 040 Drugs, Society, & Behavior ......................... 3
HS 001 Introduction to Human Services ....................... 3

CSU General Education or IGETC Pattern Units ... 37-39
CSU Transferable Electives (as needed to reach 60
transferable units)* ................................................. 8-10
Total Degree Units .................................................. 60

Solano General Education ........................................ 21
Electives (as needed to reach 60 units) ....................... 17
Total Degree Units Solano GE .................................... 60

* 9 units may be double counted toward both the major area of emphasis and CSU General Education or IGETC Pattern.
Consult with a counselor for more information on completing this degree.
Introduction to psychology as the scientific study of human behavior and mental processes. Major topics include history of field, scientific method, sensation and perception, brain and nervous system, states of consciousness, development, learning, memory, cognition, motivation, emotion, personality, tests and measurements, health psychology, behavior disorders and treatment, and social psychology. (C-ID PSY 110)

A focus on the relationship of genetic and physiological factors to behavior. Topics include how the brain and nervous system influence behavior including perception, sexual behaviors, sleep, drug use, disorders, memory and learning. Current theories and research in biological psychology are reviewed. (C-ID PSY 150)

Introduction to basic research methods in the behavioral sciences. Assumptions and goals of science are considered as well as several specific research techniques or designs. The ethics of research with human and animal subjects will be covered. (C-ID PSY 200)

An overview of psychological disorders surveying selected disorders in the current version of the Diagnostic and Statistical Manual (DSM), including mood disorders (such as depression, bi-polar disorder), anxiety disorders, psychotic disorders (such as schizophrenia), personality disorders, eating disorders and others. The course discusses historical and scientific approaches to explain and to treat these disorders from bio-psycho-social perspectives. (C-ID PSY 120)

Study of development from the prenatal period through the lifespan. Emphasis will be on current theories and research in developmental psychology. Physical, cognitive, social-emotional, intellectual and linguistic aspects of development will be examined. Included are influences of family, society and culture. This course does not fulfill the lifespan requirement for the nursing major. (C-ID PSY 120)

An overview of cross-cultural psychology with critical and comparative study of psychological topics such as ethnicity, gender, cognition, emotion, personality, health, and social interaction. Various ethnic populations within the United States, cultural values and individual beliefs will be examined in this class. Contemporary and historical research on the influence of culture on human psychology is reviewed. A service learning activity and/or field trip may be part of this class.

An examination of the psychological, sociological, biological, cognitive, and cultural theories and research of sex and gender. Analysis of the effects of gender expectations and practices on individual development, health, relationships, and the workplace. Includes agents of socialization, impact of economic and political change, social construction of sexuality and gender identities, and intersectional aspects of gender which includes race, ethnicity, and class. Open to all students. (C-ID SOCI 140) (C-ID SJS 120)
Psychology

PSYC 020  Personal and Social Behavior  3.0 Units
Transferable to UC/CSU
Hours: 48-54 lecture
Study of human behavior in the process of adjusting to life’s changes. The emphasis is on normal and abnormal adaptations to the various challenges which life presents. Issues related to the major schools of thought and their views towards a healthy personality effective and ineffective behavior, behavioral disorders, psychotherapy, relationships, careers and personal growth will be examined.

PSYC 030  Introduction to Social Psychology  3.0 Units
Course Advisory: PSYC 001
   Opt. C: Area D
Transferable to UC/CSU
Hours: 48-54 lecture
Explore how thoughts, feelings, and behavior of individuals are influenced by the actual, imagined, or implied presence of others. Focus will be on the social factors that influence human behavior; other people, institutions, situations and the social and physical structures people have created. A review of the various perspectives unique to social psychologists and a variety of classical research in social psychology will be studied. Same course as SOC 030. (C-ID PSY 170)

PSYC 034  Human Sexual Behavior  3.0 Units
General Education: Option B: Area 4; Option C: Area D, E
Transferable to UC/CSU
Hours: 48-54 lecture
Objective exploration of the various issues pertaining to human sexual behavior from the perspective of the behavioral and social sciences. Some of the major topics to be discussed include history of sexuality, attitudes, behaviors, life styles, psychosexual development, role and identity, sexual dysfunctions, therapy and treatment.

PSYC 040  Drugs, Society and Behavior  3.0 Units
General Education: Option C: Area E
Transferable to UC/CSU
Hours: 48-54 lecture
The historical, sociological, psychological, physiological and legal aspects of drugs. Emphasis will be placed on the effects of stimulants, sedative-hypnotics, narcotics, hallucinogens, alcohol, marijuana and inhalants. Various education, prevention and treatment approaches will be discussed. (C-ID PHS 103)

PSYC 049  Psychology Honors  1.0 to 3.0 Units
Prerequisite: Completion of 24 units of college credit with a minimum GPA of 3.3; a minimum of 5 units in the discipline with a minimum grade of B; an ability to work independently; permission of the School Dean based on instructor availability
Transferable to CSU
Hours: 48-162 lab by arrangement
Independent study designed for honor students who intend to major in psychology. Students may take this course up to the maximum number of units over multiple semesters.

C-ID Designation may change periodically visit c-id.net/courses/search for current designation or consult with your counselor