

Program Description

This program is designed to equip students with the basic knowledge and skills necessary for the variety of jobs in the field of Human Services. These courses are intended to provide entry-level skills and training for students who are interested in employment in mental health, social welfare, developmental services, corrections, alcohol and drug treatment, or child/adolescent treatment services.

Certificate of Achievement and Associate in Arts Degree

A Certificate of Achievement can be obtained upon completion of the 21-unit major with a grade of "C" (2.0) or better in each course. The Associate of Arts Degree can be obtained upon completion of 60 units, including the major with a grade of "C" (2.0) or better in each course, general education requirements, and electives.

Required Courses

	Units	Recommended Electives
HS 51—Intro. to Human Services	3	COUN 55, 64, 65
COUN 62—Helping Skills: Creating Alliances & Facilitating Change	3	CRIMJ 1, 11, 58
COUN 63—Field Work	6	ECE 62
HS 52—Intro. to Group Processes	3	HS 98
HS 53—Special Populations	3	HU DV 38, 39, 58, 70, 75
HS 55—Case Management	3	PSYCH 1, 2, 5, 10, 20, 34, 40, 65
	<u>21</u>	OCCED 90
		SOCSC 22, 23, 25, 26, 27
		SOCIO 1, 2, 40

HS 51

3 Units

Introduction to Human Services

Course Advisories: Eligibility for ENGL 1 and SCC minimum math standard. An introduction to human services which involves a critical exploration of the history, theoretical development, defining problems and causes within the field of human service, as well as the characteristics and career of a human services worker. The course studies a variety of local agencies, looking at the diverse population they serve, the politics and economics of the system and an evaluation of the legal and social issues with such a delivery system. *Three hours lecture.*

HS 52

3 Units

Introduction to Group Processes

Course Advisories: COUN 62; eligibility for ENGL 1; SCC minimum math standard. An introduction to the theory and dynamics of group interaction including psychoeducational, support, and therapeutic context. The various stages and process of group development are studied using both a conceptual and experiential approach. This course is intended to assist persons who will function as leaders in a variety of small group situations. *Three hours lecture.*

HS 53

3 Units

Serving Special Populations

Course Advisories: Eligibility for ENGL 1 and SCC minimum math standard. The study of the values, problems, issues, concerns and counseling needs of special population groups including, but not limited to age, gender, ethnicity, socioeconomic status, physical or psychiatric disability, sexual orientation, and chemical dependency characteristics. The course provides students with the insight, knowledge and skills necessary to work with diverse populations in human services settings. *Three hours lecture.*

HS 55

3 Units

Introduction to Case Management

Prerequisite: COUN 62. Course Advisories: Eligibility for ENGL 1 and SCC minimum math standard. An introductory course which acquaints students to the basic concepts and skills of case management. This course provides an introduction to the history and purpose of case management, case management concepts, legal and ethical considerations of case management, service planning and delivery, careers in case management and other topics. *Three hours lecture.*

Human Services

HS 60

3 Units

Empowerment Skills for Family Workers

Course Advisories: SCC minimum English and math standards. This is the first of a two part family development course to introduce front line human service workers to skills, theory and competencies needed to help families identify and reach their goals for self-reliance. Students will learn how to build on the strengths of families and communities and recognize important changes needed in systems with which families and workers interact. *Three hours lecture.*

HS 61

3 Units

Family Support Skills for Family Workers

Prerequisite: HS 60. Course Advisories: SCC minimum English and math standards. This is the second of a two-part family development course for front line Human Service workers and others interested in working in mental health. Course work will cover strength-based assessment, resource development, service coordination, home visitation, team building, goal setting and family conference and group facilitation. *Three hours lecture.*

Special Topics

These courses, numbered 98, 148, or 248 depending upon their transferability, are courses of contemporary interest centered on changing knowledge and important issues in the field. Announcements of Special Topics courses appear in the Schedule of Classes.