

Dyscalculia Facts and Tips

Definition: Dyscalculia is a learning disability that makes it difficult to understand and manipulate numbers and learn math facts.

What might your symptoms of dyscalculia be?

- You may have trouble putting information in logical order
- You may have trouble putting events in chronological order
- You may struggle with quantitative concepts such as estimation or comparison
- You may have difficulty retrieving multiplication and division facts
- You may understand higher math, but can't show it on paper
- You may rely on tricks for remembering math facts
- You may rely on calculators or finger counting
- You may have difficulty with directions and/or reading maps

How to be successful in college:

- ✓ Review what you already learned before learning new skills
- ✓ "Self-talk" through solving problems
- ✓ Use graph paper to help line up numbers and problems
- ✓ Make a list of the math formulas taught in the class
- ✓ Highlight or circle key words and numbers on word problems
- ✓ Check in frequently with the instructor to make sure you understand the work
- ✓ Use graphic organizers to organize information or help break down math problems into steps
- ✓ Ask the instructor to let you use a calculator when computation isn't what's being assessed (You may have an accommodation for this)
- ✓ Ask for extra time on tests (you may have an accommodation for this)
- ✓ Use an extra piece of paper to cover up most of what's on a math sheet or test to make it easier to focus on one problem at a time
- ✓ Copy down sample problems for future reference
- ✓ Use a planner for time management and keep track of due dates and study/homework times to keep yourself on track