

SPRING 2011 STAFF DEVELOPMENT FLEX CAL ACTIVITIES

January 12 & 13 (*required days*)
and
January 14 & 18 (*optional days*)
March 23 & 31 (*optional days*)



Solano Community College

Human Resources Department
4000 Suisun Valley Road
Fairfield, CA 94534-3197
(707) 864-7128
<http://www.solano.edu>

**Reservations required for workshops indicating RSVP,
otherwise workshops are first come, first served!**

Faculty Participation - Full-time faculty are required to attend four campus in-service days and contract for the remaining six days in either optional workshops or individually planned activities. Adjunct faculty may participate in on- and off-campus in-service activities with approval of immediate supervisor for the number of hours equal to their weekly assigned hours for the semester and will be reimbursed for their participation at their hourly rate of pay.

Staff Participation - Classified and management staff are strongly encouraged to attend flex workshops and staff development activities. Released time should be arranged with their immediate supervisor.

Small Group/Individual Projects/Student Info Tables - Prior approval from division Dean is necessary for this option. Faculty may use up to six optional flex cal hours per day on optional days to work on curricular activities.

**WEDNESDAY,
JANUARY 12, 2011
(Required Day)**

8:00 a.m. – 10:00 a.m. (2 hours optional flex credit)

Building 1700-A, Gymnasium

Get in Shape-Let's Play Badminton

Becky Lum, PE Instructor

Come and join us for some fun and exercise playing badminton. All levels welcome and equipment will be provided. Play will be in the gym, so please wear non-sneaker shoes.

9:00 a.m. - 10:30 a.m. (1-1/2 hours optional flex credit)

Building 100, Room 130 (*Limited to 50 participants*)

English 370L Level Meeting

Josh Scott, Humanities Basic Skills Coordinator and Lab Staff

9:00 a.m. – 12:00 noon (3 hours optional flex credit)

Building 600, Room 626 (*Limited to 74 participants*)

Academic Senate Meeting

Thom Watkins, Academic Senate President

9:00 a.m. – 12:00 noon (3 hours optional flex credit)

Building 300, Room 308 (*Limited to 40 participants*)

Book Review, "The Science of Liberty: Democracy, Reason, and the Laws of Nature by Timothy Ferris

Jim Dekloe, Biotechnology Instructor

Ferris, a Professor Emeritus at UC Berkeley (and a former editor of Rolling Stone magazine) typically writes popular books about astronomy and astrophysics. In this book he tackles a more general topic and argues that it is not coincidence that science and liberal democracy both emerged out of the Enlightenment. He argues that the emergence of science (with its emphasis on questioning pre-existing ideas, anti-authoritarian characteristics, self-correcting nature, emphasis on education of all, emphasis on freedom of inquiry, toleration of diverse views, freedom of communication, and its inherent social nature) CAUSED Enlightenment thinkers to move their ideal of a political system toward liberal democracy.

9:00 a.m. – 11:30 a.m. (2-1/2 hours optional flex credit)

Building 400, Room 445 (*Limited to 42 participants*)

Learning Communities Meet Up

Brad Paschal, Learning Communities Coordinator

Do you want to know more about learning communities? Or perhaps you are already interested in teaching one? Please join us to find out why there is recent interest in learning communities amongst many California Community colleges. Topics will include the curricular elements of these courses, how students benefit and the application process at Solano College. In addition,

learning communities' instructors will share their classroom experiences.

10:00 a.m. – 12:00 p.m. (2 hours optional flex credit)

Building 500, Room 505 (*Limited to 42 participants*)

My Solano for Faculty

Barbara Fountain, Director of Admissions & Records

In this session you will learn how to access the functions now available for faculty. For example, you will be able to print rosters, see class information, and much more. You need to be able to login to OWA (**O**utlook **W**eb **A**ccess) to take advantage of this workshop.

10:00 a.m. – 11:30 a.m. (1-1/2 hours optional flex credit)

Building 600, Room 605 (*Limited to 50 participants*)

Race to Retirement: Hoping to Retire Within the Next 5 years...

RSVP by 1/7/11!! Call HR at x-169.

Refreshments will be served.

Christine Ingoldsby, ZUK Financial Group

How much will I need? How much will I get? Where will it come from? How can I make it last?

- Identify and clarify your retirement needs.
- TSA/403(b), IRA, Roth or 401(K): Which option is appropriate?
- CalPERS/CalSTRS advanced planning strategies to help maximize your monthly retirement benefits.
- Manage retirement risks and implement protective strategies.
- Develop an investment and distribution plan to help protect your nest egg, access your money, and help make your income last a lifetime.

10:30 a.m. - 12:00 noon (1-1/2 hours optional flex credit)

Building 100, Room 130 (*Limited to 50 participants*)

English 350/55L Level Meeting

Josh Scott, Humanities Basic Skills Coordinator and Lab Staff

11:30 a.m. – 1:00 p.m. (1-1/2 hours optional flex credit)

Building 1400, Cafeteria

Faculty Meeting Luncheon

Tom Grube, Solano College Faculty Association President
Thom Watkins, Academic Senate President

1:30 p.m. – 3:30 p.m. (**2 hours required flex credit**)

Location: Determined by Division/Department

Learning Outcomes Assessment: Closing the Loop

Tracy Schneider, LOAC, and division facilitators: Are you curious how other instructors help their students to achieve expected learning outcomes? Would you like to share your expertise and ideas for the improvement of student learning? During this session, each faculty member will present his/her piloted SLO, assessment, and results analysis to other faculty. Divisions will break into

segments in order for each faculty to share and discuss the implications of the individual, department, and division assessment analyses. These discussions will generate ideas for teaching as well as suggestions for department- and division-level planning.

3:30 p.m. – 5:30 p.m. **(2 hours required flex credit) and Division Meetings**

Business & Career Technical Education (Room 506)

Counseling & Special Services (Room 135)

Fine & Applied Arts/Behavioral Sciences (Room 1301)

Health Occupations, Public Safety & Child and Family Studies (Room 804)

Humanities & Library (Room 812)

Mathematics & Science (Room 308)

Physical Education, Wellness & Athletics (Room 1746)

5:30 p.m. – 6:30 p.m. **Dinner Break** – On your own

6:30 p.m. – 8:30 p.m. **(2 hour required flex credit) Division Meetings (see locations at 3:30 p.m.)**

**THURSDAY,
JANUARY 13, 2011
(Required Day)**

Janene Whitesell, Master of Ceremonies

8:30 a.m. – 9:00 a.m., Building 1400, Cafeteria (optional)
Coffee hosted by Superintendent/President

(3 hours required flex credit for morning activities)

9:00 a.m. – 9:10 a.m., Building 1400, Cafeteria
Welcome
Janene Whitesell, Master of Ceremonies

9:10 a.m. – 9:55 a.m.
Welcome and College Update
Jowel Laguerre, Superintendent-President

9:55 a.m. – 10:15 a.m.
Faculty Senate Report
Thom Watkins, Faculty Senate President

10:15 a.m. – 10:30 a.m. **Bio Break**

10:30 a.m. – 10:50 a.m.
Vocal Jazz Ensemble
Kristy Juliano, Music Instructor

10:50 a.m. – 11:00 a.m.
Introduction of guest speaker
Kathy Kearns, Adjunct Art Instructor /Art Lab Tech

11:00 a.m. – 12:00 noon

Math, Science and Origami

Robert Lang (<http://www.langorigami.com/>)

Dr. Robert Lang is a world renowned origami master, and is one of the pioneers of the cross-disciplinary marriage of origami with mathematics. He has consulted on applications of origami to engineering problems ranging from air-bag design to expandable space telescopes. His work combines aspects of the Western school of mathematical origami design with the Eastern emphasis upon line and form to yield models that are at once distinctive, elegant, and challenging to fold. His creations have been shown in exhibitions in New York (Museum of Modern Art), Paris (Carrousel du Louvre), Salem (Peabody Essex Museum), San Diego (Mingei Museum of World Folk Art), and Kaga, Japan (Nippon Museum Of Origami), among others. Dr. Lang received a Master's degree in electrical engineering from Stanford, and a Doctorate in applied physics from Caltech. Along the way to his current career as a full-time origami artist and consultant he worked as a physicist, engineer, and R&D manager, during which time he authored or co-authored over 80 technical publications and 50 patents awarded and pending on semiconductor lasers, optics, and integrated optoelectronics.

12:00 noon – 1:30 p.m.

Community Lunch (Cafeteria)

(3 hours required flex credit for afternoon activities)

1:30 p.m. – 2:50 p.m. (Choose one of these)

1. **Introduction to Modular Origami Polyhedra**
Building 1400, Cafeteria (*Limited to 50 participants*)
Robert Lang, Guest speaker
This workshop will introduce the audience members to the genre of modular origami, folding polyhedra from multiple interlocking sheets of paper. We begin with a simple modular polyhedral unit, then progress to more challenging units and larger polyhedra as time and audience permits. During the course the audience will learn a little bit of 3D geometry, but they won't mind the math because they'll have folded some cool shapes to play with.
2. **A Two-Tier Approach to Testing**
Building 400, Room 445 (*Limited to 42 participants*)
Ron Harrow, Adjunct Math Instructor
Students attending classes at Solano Community College, and especially classes in Mathematics, form a bimodal distribution due to the fact that only some students are mathematically oriented. Two-Tier Testing explicitly recognizes this fact by providing students the opportunity to choose questions from two different levels of difficulty. Students feel more empowered, have a better attitude, and enjoy the class

more resulting in greater retention, and in some cases, higher grades.

3. **New course and CurricUNET Workshop**

Building 800, Room 802 (*Limited to 62 participants*)
Leslie Rota, Dean, Fine & Applied Arts/Behavioral Science; Pei-Lin Van't Hul, Curriculum Analyst; and Tina Abbate, Scheduling Specialist

If you have a new course or a course modification to send to the Curriculum Committee this workshop will teach you step-by-step how to use the new CurricUNET software. Please come ready to take notes and ask questions. Everyone is welcome!

AND

3:00 p.m. – 4:20 p.m. (Choose one of these)

1. **New course and CurricUNET Workshop**

Building 800, Room 802 (*Limited to 62 participants*)
Leslie Rota, Dean, Fine & Applied Arts/Behavioral Science; Pei-Lin Van't Hul, Curriculum Analyst; and Tina Abbate, Scheduling Specialist

If you have a new course or a course modification to send to the Curriculum Committee this workshop will teach you step-by-step how to use the new CurricUNET software. Please come ready to take notes and ask questions. Everyone is welcome!

2. **A Historical Perspective on Slave Resistance**

Building 400, Room 444 (*Limited to 36 participants*)
Michelle Arce, History Instructor

In this workshop, the faculty member will present a lecture on comparative slave resistance in the United States, Latin America, and the Caribbean. Participants will learn what characteristics distinguished African-American slave resistance from slave resistance in other regions of the African Diaspora.

3. **Study Abroad/Travel Study-- Ideas, Events and a Trip to Paris!**

Building 700, Room 704 (*Limited to 50 participants*)
Lorna Marlow-Munoz, Language Instructor

Have you thought about taking students on a trip outside of the Bay Area, but weren't sure where to start? Would you like to get information, and share questions and ideas for Study Abroad/Travel Study at Solano? Come hear Lorna talk about her plans to teach French 012 in Paris this Summer, and share your thoughts and questions with Study Abroad/Travel Study committee members.

**FRIDAY,
JANUARY 14, 2011
(Optional Day)**

9:00 p.m. – 12:00 noon (3 hours optional flex credit)

Building 600, Room 626 (*Limited to 74 participants*)

Academic Senate and Ed Administrators Meeting

Thom Watkins, Academic Senate President and Arturo Reyes, Executive Vice President Academic Affairs

9:00 a.m. - 12:00 noon (3 hours optional flex credit)

Meeting places pre-arranged by committee.

Accreditation Self Study Group meetings

12:00 noon – 1:30 p.m.

Building 1400, Room 1405B (*Limited to 75 participants*)

CSEA Lunch/Meeting

RSVP by Monday, 1/10/11! Call HR at x-7169.

1:00 p.m. – 3:00 p.m. (2 hours optional flex credit)

2001 No. Village Parkway, Vacaville, CA 95688

Vacaville Center Tours

Shirley Lewis, Center Dean

Join Shirley in touring the newest Solano College Center.



6:00 p.m. - 9:00 p.m. (3 hours optional flex credit)

Adjunct/Part-time Faculty Forum

Building 1600, Rooms 1645 (*Limited to 68 participants*)

Kristie Iwamoto and Lou McDermott, SCFA Adjunct Executive Board Representatives

All adjunct faculty are invited to this forum to learn how the Solano College Faculty Association works for them, and to voice their needs and concerns regarding instruction and employment issues.

**TUESDAY,
JANUARY 18, 2011
(Optional Day)**

9:00 a.m. – 11:00 a.m. (2 hours optional flex credit)
Building 400, Room 445 (*Limited to 42 participants*)

Greening Solano

Betsy Julian, Math/Science Division Dean

Come and join likeminded faculty and staff interested in improving the physical environment of their college. Bring your suggestions to make Solano Community College an environmentally friendly place to work. Time/weather permitting we will participant in some hands-on activities around the campus.

9:00 a.m. – 11:00 a.m. (2 hours optional flex credit)
Building 1700, Room 1779 (*Limited to 60 participants*)

Fit to Live

Sally Baldwin, PE Adjunct Instructor

The desire to move with ease and be pain free is universal. During this workshop participants will learn basic, easy to do exercises to stand tall, reduce back pain, and increase core strength. The workshop will include Yopalates (a fusion of Pilates and yoga) as well as the “Big Three” functional exercises for a stronger core. The activity will be simple to follow, low-impact, and gentle enough for the currently non-active to participate. It is my goal to motivate others to participate in daily exercise to increase overall health and wellness.

12:00 noon – 1:30 p.m. (1-1/2 hours optional flex credit)
Building 1400, Room 1401-A (Staff Dining Room)

Flex Cal Committee Brainstorm

Join your Flex Cal committee to discuss future flex ideas. You might even be interested in joining the committee. Bring a lunch.

**March 23 & 31 (*optional days*)
will be announced at a later
date... stay tuned.**