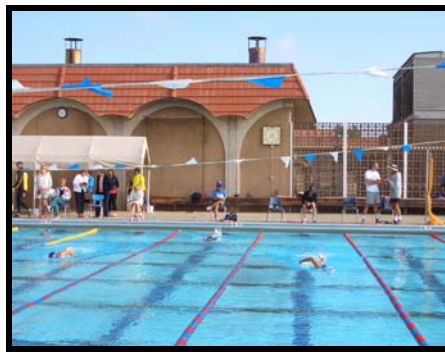


FALL 2007 STAFF DEVELOPMENT FLEX CAL ACTIVITIES

August 13, 14, & 17 (*optional days*)
and
August 15 & 16 (*required days*)

The campus will be closed on Thursday, August 16th for staff in-service.



(SCC's first back-to-school mini triathlon)

Solano Community College

Human Resources Department
4000 Suisun Valley Road
Fairfield, CA 94534-3197
(707) 864-7128
<http://www.solano.edu>

**Reservations required for workshops indicating RSVP,
otherwise workshops are first come, first served!**

Faculty Participation - Full-time faculty are required to attend four campus in-service days and contract for the remaining six days in either optional workshops or individually planned activities. Adjunct faculty may participate in on- and off-campus in-service activities with approval of immediate supervisor for the number of hours equal to their weekly assigned hours for the semester and will be reimbursed for their participation at their hourly rate of pay.

Staff Participation - Classified and management staff are strongly encouraged to attend flex workshops and staff development activities. Released time should be arranged with their immediate supervisor.

Small Group/Individual Projects/Student Info Tables - Prior approval from division Dean is necessary for this option. Faculty may use up to six optional flex cal hours per day on optional days to work on curricular activities.

**MONDAY,
AUGUST 13, 2007
(Optional Day)**

8:00 a.m. – 4:00 p.m. (6 hours optional flex credit)
Building 600, Rooms 626/605/604/603
New Staff Orientation (*Limited to 75 participants*)
RSVP by 8/6/07!! Call HR at x-169.
Richard Christensen, Director of Human Resources
(*Invitation only*)
An orientation session for all new staff. Required attendance for new contract faculty. Optional attendance for adjunct faculty.

10:30 a.m. – 12:00 noon (1-1/2 hours optional flex credit)
Building 700, Room 704 (*Limited to 50 participants*)
Who Cares?
Celine Regalia, Program Director
Anne Payne, Alzheimer's Day Care Resource Manager
Adult Day Services of Napa Valley
One in three adults is a caregiver – whether they realize it or not! Caring for a loved one with a chronic illness such as Alzheimer's disease or stroke takes a tremendous toll on a family. Learn to navigate the maze of issues that caregivers face and what help is available to them.

1:00 p.m. – 2:30 p.m. (1-1/2 hours optional flex credit)
Building 700, Room 706 (*Limited to 40 participants*)
RSVP by 8/6/07!! Call HR at x-169.
Financial Planning and How That Will Affect Your Retirement
John Cordeiro, Financial Advisor, Waddell & Reed
This workshop will provide you the tools to develop a financial plan. It will also help you develop a road map to your financial future by discussing your retirement options (TSA's, IRA's and Roth IRA's), tax strategies for your investments, and how to protect your assets in future years.

**TUESDAY,
AUGUST 14, 2007
(Optional Day)**

9:00 a.m. – 12:00 noon (3 hours optional flex credit)
Tennis (tennis courts)
Alan Jian and George Daugavietis, Math Instructors
Come join like-minded enthusiasts at Solano College for some recreational tennis. All ability levels are welcome. Tennis balls will be provided but please bring your own tennis racket. Showers are available after tennis.

9:00 a.m. – 12:00 noon (3 hours optional flex credit)
Building 600, Room 626 (*Limited to 75 participants*)
Academic Senate Meeting
Gail Kropp, Academic Senate President

9:00 a.m. – 4:00 p.m. (6 hours optional flex credit)
Building 500, Room 505 (*Limited to 40 participants*)
eCollege Training
RSVP by 8/10/07!! Call Sarah Nordin at x-276.
Jeff Borden, e-College
The morning will be dedicated to faculty who want to learn more about online education and how you can incorporate it into your face-to-face classes. Beginners are welcome!! Afternoon session will be dedicated to introducing the new additions to the eCollege platform, Elluminate and exam statistics. Every teacher who uses eCollege will love to learn about what has been added. Lunch will be provided and the sessions are limited to 40 people so RSVP soon to insure a spot.

9:30 a.m. – 11:00 a.m. (1-1/2 hours flex credit)
Building 600, Room 605 (*Limited to 50 participants*)
Discussion and Planning Session for the Learning Communities Program
Brad Paschal, Math/Science Division
Please join us to discuss ideas concerning the Learning Communities program. The emphasis of this discussion will be on the entire program and not individual courses. What is your vision for Learning Communities?

1:00 p.m. - 2:30 p.m. (1-1/2 hours optional flex credit)
Building 700, Room 705 (*Limited to 55 participants*)
Contract Training and Education
Deborah Mann, Program Developer Contract Education
Mark Berrett, Electronics Instructor
This workshop will provide an explanation of the contract training and education program at Solano College: What it is, how it works, how trainers and clients are matched, and why you might want to teach.

1:00 p.m. - 3:00 p.m. (2 hours optional flex credit)
Building 700, Room 714 (*Limited to 31 participants*)
SLO Trainers Pilot Workshop (SLO Trainers only)
Presenters: Anne Bevilacqua, Melissa Reeve, Tracy Schneider, Les Hubbard, Mark Berrett, Nick Cittadino, Genele Rhoads, Terri Pearson
This activity gives the SLO trainers the opportunity to share the results of their piloted SLO assessments from the Spring. This discussion/workshop will give trainers the opportunity to see each other's work on assignments and rubrics and to evaluate the SCC method of SLO assessment prior to sharing it with their divisions. Let's learn from one another to make our SLO program work!

1:00 a.m. – 4:00 p.m. (3 hours optional flex credit)
Building 600, Room 626 (*Limited to 75 participants*)
Academic Senate and Ed Administrators Meeting
Gail Kropp, Academic Senate President and
Marjorie Carson, Vice President Academic Affairs

6:00 p.m. – 9:00 p.m. (3 hours optional flex credit)
Building 600, Rooms 603/604 (*Limited to 89 participants*)
Adjunct/Part-time Faculty Forum
Todd Davis, English Adjunct Faculty and
CTA negotiating team member
All adjunct faculty are invited to this forum to learn how
the Solano College Faculty Association works for them,
and to voice their needs and concerns regarding
instruction and employment issues.

**WEDNESDAY,
AUGUST 15, 2007
(Required Day)**

9:00 a.m. – 11:00 a.m. (2 hours optional flex credit)
Solano College Swimming Pool
Back-to-School Relay Mini Triathlon
½-mile swim, 10-mile bike ride, 4-mile run
Open to Solano College employees only.
RSVP by 8/10/07!! Call HR at x-169.
Ron Beverly, PE/Athletics

- All divisions will be represented.
- If not enough in one division, crossovers will be allowed.
- Team competition only...one individual per event.
- If unable to participate, come and support your colleagues...

9:00 a.m. – 11:00 noon (2 hours optional flex credit)
Building 600, Room 626 (*Limited to 75 participants*)
**Global War on Terrorism Veterans – Post
Traumatic Stress Disorder (PTSD) and Traumatic
Brain Injury (TBI)**
Nathan Johnson, Concord Vet Center
The topics that will be covered are:

- Causes, warning signs, and treatment of Post Traumatic Stress Disorder and Traumatic Brain Injury.
- How faculty and staff are able to identify and assists individuals that may be suffering from PTSD and TBI.
- Information on the Vet Centers and services that are provided for Active Duty, Veterans, and Dependents.

9:00 a.m. – 11:00 noon (2 hours optional flex credit)
Building 600, Room 605 (*Limited to 50 participants*)
Book Review, Social Intelligence by Daniel Goleman
Jim Dekloe, Biology Instructor
Emotional Intelligence was an international phenomenon,
appearing on the *New York Times* bestseller list for

over a year, and selling more than five million copies worldwide. Now, once again, Daniel Goleman presents ground-breaking work that synthesizes the latest findings in biology and brain science, revealing that we are "wired to connect," and showing the surprisingly deep impact of our relationships on every aspect our lives.

In richly anecdotal detail, Goleman brings to life the entirely new field of social neuroscience that has emerged in the decade since the publication of *Emotional Intelligence*. He shows that, far more than we are consciously aware, our daily encounters with parents, spouses, bosses, and even strangers shape our brains and affect cells throughout our bodies. Our relationships create a set point for our daily moods and influence our immune response; they are crucial to achievement in students and workers; they determine whether or not some genes are expressed, for good or ill.

11:00 a.m. – 12:30 p.m. (1-1/2 hours optional flex credit)
Building 1400, Cafeteria
Faculty Meeting Luncheon
Diane White, CTA President and
Gail Kropp, Academic Senate President

12:30 p.m. – 4:30 p.m. (**4 hours required flex credit**) and
5:30 p.m. – 7:30 p.m. (**2 hours required flex credit**)
Division Meetings: SLOs and Divisional Planning
Business/Computer Science (Room 506)
Career Technical Education (Room 1876)
Counseling/DSP&S (Room 135)
Fine & Applied Arts/Behavioral Sci (Room 1301)
Health Occupations (Room 804)
Health & PE (Room 1725)
Technology & Learning Resources (Room 129)
Humanities (Room 812)
Math & Science (Room 308)
Special Services (Room 1102)

**THURSDAY,
AUGUST 16, 2007
(Required Day)**

Janene Whitesell, Master of Ceremonies

8:30 a.m. – 9:00 a.m., Building 1200, Lobby (optional)
Coffee hosted by Superintendent/President

(3 hours flex credit for morning activities)

9:00 a.m. – 9:10 a.m., Building 1200, Theater
Welcome
Janene Whitesell, Master of Ceremonies

9:10 a.m. – 9:55 a.m.

Welcome and College Update

Gerry F. Fisher, Interim Superintendent/President
Introductions of Manager of the Year and Classified
Employee of the Year

9:55 a.m. – 10:15 p.m.

**Incredible India---A Solano College Photographic
Adventure**

Ron Zak, Photography Instructor
Ron will provide highlights from the Solano College
Education Abroad Program.

10:15 a.m. – 10:25 a.m.

**Senate Report and Introductions of Distinguished
Faculty (full-time and adjunct)**

Gail Kropp, Academic Senate President

10:25 a.m. – 10:55 a.m.

Distinguished Faculty Presentations

10:55 a.m. – 11:00 a.m.

Intro Keynote Speaker - Barbara Pavao

11:00: a.m. – 12:00 noon

The Unlikely Scientist

Kathy Olson, Keynote Speaker
This talk will take you on the road of one person's
non-traditional journey of personal and circumstantial
struggle to become an enlightened academic. Ms.
Olson will discuss the tools and techniques she used
while attending community college which gave her the
skills to overcome a failed high school education and
become a thriving competitive scientist and passionate
educator.

12:00 p.m. – 1:30 p.m., Building 1400, Cafeteria

Community Lunch hosted by Staff Development

SUCCESS IS THE QUEST
(3 hours flex credit for afternoon activities)

1:30 p.m. – 3:00 p.m. (1-1/2 hours required flex credit)

Building 1400, Room 1425/1426

THE GIFT

Presenters: Janene Whitesell and Brad Paschal
Think of this session as an academic "musical chairs."
During this session, presenters will be located at
various "stations" in the room. Three to six
participants will meet with the presenters for about 10
min to learn that presenter's **Great Idea For Teaching**.
A bell will ring after ten minutes and the participants
will move to another presenter to learn their teaching
technique. This will continue for the duration of the
session. Some subject areas will be: test-taking
techniques, note-taking, group discussion projects,
games and/or puzzles that are successful in class--
strategies that help students, especially underprepared
students, succeed.

3:00 p.m. – 4:30 p.m. (1-1/2 hours required flex credit)

Building 1200, Room 1239 (*Limited to 80 participants*)

**Basic Skills Development from the Students' Point of
View: Successes and Challenges**

Presenters: Delores Curiel, Carolyn Moore, Kathy Olson,
and Steven Springer

YES!! They made it! How did they do it? What did
we do well to assist them? What might we have done
better? What can we learn from their success??

And yet, the road is long and many have yet to reach
the finish line. How can we help students succeed
with their Basic Skills Development? As we challenge
ourselves to significantly improve our retention and
graduation rates, let's hear from the students'
themselves to help us with our quest.

3:00 p.m. – 4:30 p.m. (1-1/2 hours required flex credit)

Building 600, Rooms 603/604 (*Limited to 89 participants*)

Question: Who Are Solano's Basic Skills Students?

Answer: The Majority of Our Students

Presenters: Emily Blair, Ruth Fuller, Chris McBride,
Susan Messina, and Josh Stein

This session consists of three mini-sessions. The first
focuses on a discussion of our basic skills students'
work, utilizing example assignments from students to
help concretize what the educational needs are for our
students. The second discusses the RP Group's
Report (Research and Planning for California
Community Colleges) and what the state-wide Basic
Skills Initiative means for Solano College. The third
presents an overview of the Basic Skills Re-design Plan
for the campus—and how it will affect many more
people than it appears to at first glance.

**FRIDAY,
AUGUST 17, 2007
(Optional Day)**

9:00 a.m. – 12:00 (3 hours optional flex credit)

Green Valley Falls Hike (Closed. No space available.)

Suzanne Spillner, Sierra Club Guide
Meet at 9:00 am at parking lot #6 near Horticulture
building 900 for trailhead directions and to self-arrange
leaderless carpools. Need walking shoes and water. Take
this amazing hike to a pair of 60+ foot waterfalls on
Vallejo Watershed Lands. A moderate 4 mile round trip
hike follows Wild Horse Creek into a fern filled canyon
misty by Green Valley Falls.

10:00 a.m. – 11:00 a.m. (1 hour optional flex credit)
Building 600, Room 603/604 (*Limited to 50 participants*)
Unlocking the power of PERS: *Designing and Delivering the Retirement Plan of a Lifetime*
RSVP by 8/13/07!! Call HR at x-169.

Refreshments will be served.

Christine Ingoldsby, ZUK Financial Group
It's your money; it's also your future. When thinking about your retirement, several key questions arise: When can I retire and how much will I get? Should I purchase additional service credit? What are the advantages/ disadvantages of tax deferred investments? How can I maximize my retirement income to possibly last a lifetime? And most importantly, how can I take control of my financial future? This workshop focuses on answering these important questions, helping you to take the steps now to insure a rewarding and engaging financial future. There are some things in life you can't afford to miss...this workshop is one of them.

12:00 noon – 1:00 p.m.
Building 1400, Back half of the cafeteria
RSVP by 8/13/07!! Call HR at x-169.
CSEA Meeting/Luncheon
Cynthia Simon, President

12:30 p.m. – 1:30 p.m. (1 hour optional flex credit)
Building 600, Room 603/604 (*Limited to 50 participants*)
Unlocking the power of CalSTRS: *Designing and Delivering the Retirement Plan of a Lifetime*
RSVP by 8/13/07!! Call HR at x-169. Lunch will be served.
Christine Ingoldsby, ZUK Financial Group
It's your money; it's also your future. When thinking about your retirement, several key questions arise: When can I retire and how much will I get? Should I purchase additional service credit? What are the advantages/ disadvantages of tax deferred investments? How can I maximize my retirement income to possibly last a lifetime? And most importantly, how can I take control of my financial future? This workshop focuses on answering these important questions, helping you to take the steps now to insure a rewarding and engaging financial future. There are some things in life you can't afford to miss...this workshop is one of them.

1:30 p.m. – 3:00 p.m. (1-1/2 hours optional flex credit)
Building 600, Room 626 (*Limited to 50 participants*)
Section 125 RSVP by 8/13/07!! Call HR at x-169.
Beverly Howard, American Fidelity Assurance Company
Section 125 Flexible Benefit Plan allows you, the employee, to select from a list of available benefits that will meet your needs. You are then able to use "pre-tax" dollars to pay for qualified benefits. By participating in this plan to reduce your taxes and increase your spendable income. Any benefit costs or insurance premiums you pay under the plan are paid on a pre-tax basis. A few examples of Section 125 benefits are some medical expenses and dependent day care expenses.

1:30 p.m. – 3:00 p.m. (1-1/2 hours optional flex credit)
Building 600, Room 603/604 (*Limited to 50 participants*)
Retirement Planning for Today's Educator: *Avoid the Myths, Misconceptions and Mistakes of Retirement Planning*
RSVP by 8/13/07!! Call HR at x-169. Refreshments will be served.

Christine Ingoldsby, ZUK Financial Group It's your money; it's also your future. When thinking about your retirement, several key questions arise: When can I retire and how much will I get? What CalSTRS advanced planning strategies should I utilize to my advantage? Why is asset allocation and diversification so important to my investment portfolio? And most importantly, how can I protect my nest egg, access my money, and to help make my income last a lifetime? This workshop focuses on answering these essential questions, helping you to take the steps now to insure a rewarding and engaging financial future. There are some things in life you can't afford to miss...this workshop is one of them.

6:30 p.m. – 8:30 p.m. (2 hours optional flex credit)
Location: San Francisco
Team Building Stress Reducing Sailing Experience
This would be a sail on the "Bay Lady" from San Francisco's South Beach Harbor (near GIANTS stadium) around Alcatraz, Angel Island and under the Golden Gate. Cost for this activity is \$25.00 per person, payable to Rendevous Charters. Please give your check to Chuck Spillner by July 20, 2007. They sell soft drinks and on-board snacks are provided. Guests are not permitted to bring drinks or food on board. There is ample parking in the vicinity of South Beach Harbor. After 6:00 pm the meters are off.

Cruises depart from Pier 40, South Beach Harbor, San Francisco. Please note that Pier 40 is SOUTH of the Bay Bridge on the Embarcadero, not near Pier 39. Passengers should wear tennis or deck shoes, dress warmly and plan to arrive at least 30 minutes prior to departure

**No activities planned
November 21, 2007 (optional flex)**