



the FALCON flyer

the official newsletter of the Solano College women's basketball team



October 2009

Women's basketball players in SCC Hall of Fame

Michelle Neely (1981-82), inducted in 1995

Gretchen Seely (1990-92), inducted in 1997

Melynee Bass-Hart (1990-91), inducted in 1997

Shamone Warren (1992-94), inducted in 1999

Marisa Von Bromsen (1994-95), inducted in 2000

Vonetta Huddleston (1992-94), inducted in 2001

Maria Lara (1994-96), inducted in 2002

Jamie Maher (1995-97), inducted in 2002

Maria Perez-Barris Healy (1996-98), inducted in 2003

Niesha Whitman (1997-99), inducted in 2004

Leah Whatley (1998-2000), inducted in 2005

Spring Steed (1994-96), inducted in 2007

Erica Morrow (1998-2000), inducted in 2008

Sara Gordon (1997-99), inducted in 2008

Former Falcon honored

Robin Williams inducted into SCC Hall of Fame



Robin Williams (99-2000, 2001-02) may have been the final person inducted into the Solano Community College Hall of Fame on Monday night, but the crowd surely won't forget her.

With an acceptance speech that included laughter, tears and many heartfelt thanks, Robin became the 15th former Solano women's basketball player to be inducted into the Solano College Athletic Hall of Fame on Oct. 5.

"Besides all her on the court accomplishments, Robin is most being inducted for her leadership," Solano coach Matt Borchert told the crowd. "She was a leader, our captain. I was a new coach at Solano when Robin was playing here and I want to thank her for getting us all through that period." Robin thanked her grandmother who was

also in attendance, and her teammates for their constant support.

Robin is currently an instructor in the physical education department at Mississippi Valley State University, her alma mater. She will earn a second masters degree in December and then begin working on her doctorate.

Robin was a member of the 2000 Bay Valley Conference championship team and was an all-BVC selection as a sophomore after redshirting the 2000-01 season due to a knee injury. Robin is the co-record holder for best 3-point percentage in a single game (.714) and also holds the record for most blocks in a game (7).

The Solano women's basketball program extends its congratulations to Robin on this outstanding achievement!

Looking for up-to-the minute information about the Solano women's basketball team? Read the team's blog, www.solanowbb.wordpress.com and get behind-the-scenes updates from the players and coaches! **Check it out today!**

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Time out with Allie Davison



Allie Davison returns for her sophomore year as one of the team's smartest players.

Coach Matt has always been impressed with Allie's basketball I.Q. and the guard should make an impact as the Falcons look to win a third straight Bay Valley Conference title this season.

Here's our conversation with Allie Davison, who prepped at Napa High:

Falcon Flyer: What is your favorite class this semester and why?

Allie Davison: My favorite class this semester is Biology of Sex. At first I kind of thought it would be a pretty easy class but it is actually very demanding. It is a very interesting subject that I didn't think I would find an interest in.

FF: If you were planning Fun Friday, where would you and your teammates go?

AD: My teammates and I would go Disneyland for Fun Friday! Well it would be kind of expensive but at least we would have fun. How can you not have fun in the happiest place on earth?

FF: What are your goals this season?

AD: One of my goals is to keep my GPA above a 3.5 and finish this semester strong. Another goal I have is to win another BVC title and go far into the playoffs. Probably the most important goal is to have fun with my teammates and appreciate basketball each and every day.

FF: What was the most memorable game at the renovated Solano gym last year and why?

AD: The most memorable game was the Yuba game that

went into overtime. We couldn't afford to lose any games if we wanted to have a chance to win the BVC title and get into the playoffs.



FF: What do you listen to in your car on the drive in from Napa every morning?

AD: I listen to Wild 94.9 and Alice 97.3 in the morning. But once I hit Jamison Canyon and my radio goes out I listen to Taylor Swift. Occasionally I'll listen to some oldies as well.

FF: What have you learned the most at Solano?

AD: I have learned to appreciate each suicide, each lap around the soccer field, every time coach yells at me, because basketball only lasts for short period of time. Basketball is a privilege and I'm learning to love every moment of it.

THE ALLIE DAVISON FILE

Birthday: December 4, 1989

High School: Napa (2008)

Honors: Second team all-Napa County, honorable mention all-MEL.

Why Solano? "I want to be the best I can be and compete and play with the best team in the BVC."

Mark your calendars!

The Solano women's basketball team is excited to announce the 2009-10 schedule.

The Falcons open the season a little later than they have in the past with a trip to Southern California and the Santa Ana/Orange Coast Classic kicking off after Thanksgiving.

Solano will play in three other tournaments, including its own Solano Showdown, during the preseason schedule. The Falcons will not play any single games during the preseason.

The Falcons open defense of their back-to-back Bay Valley Conference titles on Dec. 18 with a matchup with Laney in Oakland. The team will take on Contra Costa on Dec. 22 at home.

Cut out the schedule, hang it up and we'll see you at the gym!

Solano Women's Basketball 2009-10 Season

DATE	DAY	OPPONENT	LOCATION	TIME
Nov. 27-29	Fri-Sun	Santa Ana/Orange Coast Classic	Santa Ana	TBA
Dec. 3-6	Thu-Sun	Tom Gilcrest Invitational	Visalia	TBA
Dec. 11-13	Fri-Sun	Solano Showdown	Fairfield	TBA
Dec. 18	Fri	*Laney	Oakland	6:00
Dec. 22	Tues	*Contra Costa	Fairfield	5:30
Dec. 28-30	Mon-Wed	Mike Gervasoni Memorial	Cupertino	TBA
Jan. 6	Wed	*Mendocino	Ukiah	5:30
Jan. 8	Fri	*Merritt	Fairfield	5:30
Jan. 11	Mon	*Napa Valley	Napa	5:30
Jan. 13	Wed	*Yuba	Fairfield	5:30
Jan. 20	Wed	*Marin	Marin	5:30
Jan. 22	Fri	*Los Medanos	Fairfield	5:30
Jan. 25	Mon	*Contra Costa	San Pablo	5:30
Jan. 27	Wed	*Laney	Fairfield	5:30
Jan. 29	Fri	*Mendocino	Fairfield	5:30
Feb. 3	Wed	*Merritt	Oakland	5:30
Feb. 5	Fri	*Napa Valley	Fairfield	5:30
Feb. 9	Tues	*Yuba	Yuba	5:30
Feb. 17	Wed	*Marin	Fairfield	5:30
Feb. 19	Fri	*Los Medanos	Pittsburg	5:30
Playoffs	TBA			

* indicates Bay Valley Conference contest

Sit Down...

with Coach Matt



Q: Talk about team building. How important are Fun Fridays as a team building exercise for you and your team? What other things do you do to ensure that your team has good chemistry on the court and off?

I believe Fun Fridays are extremely important. Fun Fridays allow us to experience time with each other at different venues and in a more relaxed atmosphere. They gym time can be very intense and often you really don't get to totally know someone and their overall personality if you are just in the gym with them the whole time. Fun Fridays help the ladies get to know their teammates. They also give us a break from our normal routine which can help break up the monotony of a week and let us laugh.

Other things we do to ensure team chemistry is small team builders during theory class. Sometimes we spend 10-15 minutes doing a simple activity that leads toward team chemistry. We are always talking about the importance of communication. I also think our daily journal entries help a lot with team chemistry as they really help me keep a pulse of where the team is mentally. I think our new team room along with our structured organized day helps with our chemistry as well.

Have you adopted a player?

The Solano women's basketball team is very grateful for the support it receives from fans, friends, family and alumni every year.

One way to help support our program is through the Adopt-A-Player fundraising program. This program has been very successful in helping the team raise money necessary to pay for equipment and travel expenses. It's very rewarding for the sponsor who gets so much in return for their contribution - big or small.

Visit the website to download the flyer and learn more about the program.

We look forward to seeing you in the bleachers this season! Thanks for your support!

Upcoming Dates

October 11

Sarah Zuniga's birthday

October 15

First official practice

November 26

Thanksgiving

November 27-29

Santa Ana/Orange Coast Classic