

## **SHARED RESPONSIBILITY FOR SPORT SAFETY**

### **ASSUMPTION/AWARENESS OF RISK**

The responsibility for athletic safety must be shared by all. Included in this group should be the administrators, coaches, team physicians, athletic trainers, and student-athletes as well. I, the undersigned, am aware that there is a certain risk of injury involved in my participation in intercollegiate Athletics at Solano College. Myself, and the college understand that my signature does, in no way relieve the college of its responsibilities toward my welfare. It is intended to make me aware of the responsibility being shared and that there is a risk of injury. I understand that this includes the risk of spinal cord, brain, and catastrophic injury that may result in paralysis and the possibility other permanent injury.

\_\_\_\_\_  
1<sup>st</sup> Year Athletes Signature                      Date

\_\_\_\_\_  
2<sup>nd</sup>/3<sup>rd</sup> Year Athletes Signature                      Date

\_\_\_\_\_  
Parent or Guardian Signature for Minor

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date Minor is 18

### **FOOTBALL HELMET INFORMED CONSENT**

#### **WARNING**

**No helmet can prevent all head or neck injuries that a player might receive while participating in football. Do not use the helmet to butt, ram, or spear an opposing player. This is in violation of the football rules and such use can result in severe head or neck injuries, paralysis, or death to you and possible injury to your opponent.**

The preceding warning is provided for your information. It is also recommended that for each practice and game:

- Check for proper fit of your helmet
- Check for damage to the bladder and shell
- Check for loose hardware
- Check for facemask damage
- Buckle chinstrap properly during all play
- Do Not make modifications to your helmet
- Do Not wear a damaged helmet

If your helmet does not fit properly, or it needs repair, report the problem immediately to the Head Coach.

I have read the above information and fully understand its content.

\_\_\_\_\_  
1st Year Athletes Signature

\_\_\_\_\_  
2<sup>nd</sup>/3<sup>rd</sup> Year Athlete's Signature