Psychology

Program Description

The psychology program provides academic instruction in basic psychological concepts, theories, terminology, and research methods, and promotes students’ life skills, personal growth, and interpersonal effectiveness.

Associate in Arts Degree

The Associate in Arts Degree can be obtained by completing a total of 60 units, including the 18-unit major, general education requirements and electives. All courses for this major must be completed with a grade of C or better or a P if the course is taken on a pass-no pass basis.

Required Courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>PSYC 001 &amp; 002</td>
<td>Intro. to Psych (3 &amp; 3 units)</td>
<td>6</td>
</tr>
<tr>
<td>PSYC 004</td>
<td>Research Methods in Behavl Science OR</td>
<td></td>
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<tr>
<td>PSYC 030—Intro to Social Psych.</td>
<td>3</td>
<td></td>
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<tr>
<td>PSYC 020—Personal &amp; Social Behavior OR</td>
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<tr>
<td>PSYC 005—Abnormal Psychology OR</td>
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<td></td>
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<tr>
<td>PSYC 034—Human Sexual Behavior OR</td>
<td>3</td>
<td></td>
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<tr>
<td>PSYC 010—Psych of Women OR</td>
<td></td>
<td></td>
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<tr>
<td>PSYC 024—Psych of African-Amer. OR</td>
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Recommended Electives:

- SOCS 022-Ethnic, Racial, and Minority Group Relations in Harmony and Conflict 3
- One other course from the list 3

Total 18 units

Recommended Electives:

- ANTH 002
- BIO 005, 006, 010
- MATH 011
- PSYC 040, 049
- SOC 001
- SOCS 023

PSYC 001

Introduction to Psychology

Course Advisories: Eligibility for ENGL 001 and SCC minimum math standards. An introduction to psychology as the scientific study of human behavior and mental processes. Major topics include history of field, scientific method, sensation and perception, brain and nervous system, states of consciousness, development, learning, memory, cognition, motivation, emotion, personality, tests and measurements, health psychology, behavior disorders and treatment, and social psychology. Three hours lecture.

PSYC 002

Biological Psychology

Course Advisories: Eligibility for ENGL 001 and SCC minimum math standards. Presents the relationship of genetic and physiological factors to behavior. Topics include neural mechanisms underlying sensory and perceptual processes, emotions, motivation, mental disorders, states of consciousness, learning and memory. Three hours lecture.

PSYC 004

Research Methods in Behavioral Science

Prerequisites: PSYC 001 or PSYC 002 or SOC 001. Course Advisories: Eligibility for ENGL 001; MATH 011. Introduction to basic methods in the behavioral sciences. Assumptions and goals of science are considered as well as several specific research techniques or designs. The ethics of research with human and animal subjects will be covered. Three hours lecture.

PSYC 005

Abnormal Psychology

Prerequisite: PSYC 001. Course Advisories: ENGL 062, eligibility for ENGL 001, and SCC minimum Math standard. Theoretical approaches to the explanation of psychological disorders. Survey of selected disorders in DSM IV, including psychoses, anxiety disorders, and depression. Survey of major therapeutic methods. Three hours lecture.
PSYC 006  3 Units
Developmental Psychology
Course Advisories: PSYC 001, eligibility for ENGL 001, and SCC minimum Math standard. The course is a study of development from the prenatal period through the lifespan. Emphasis will be on current theories and research in developmental psychology. Physical, cognitive, social-emotional, intellectual and linguistic aspects of development will be examined. Included are influences of family, society and culture. This course does not fulfill the lifespan requirement for the nursing major. Three hours lecture.

PSYC 010  3 Units
Psychology of Women
Course Advisory: PSYC 001. Study of contemporary women from a biological, psychological and sociological perspective. Theory and research pertaining to female development will be presented and critically examined. Open to all students. Three hours lecture.

PSYC 020  3 Units
Personal and Social Behavior
Course Advisories: SCC minimum English and Math standards. Study of human behavior in the process of adjusting to life's changes. The emphasis is on normal and abnormal adaptations to the various challenges which life presents. Issues related to the major schools of thought and their views towards a healthy personality effective and ineffective behavior, behavioral disorders, psychotherapy, relationship, careers and personal growth. Three hours lecture.

PSYC 024  3 Units
Psychology of African Americans
Course Advisory: SCC minimum English standards. Examination of the principles and findings of psychology as they relate to the behavior and experience of African Americans. Emphasis upon theories and dimensions of personality, self-concept, normality, and the psychological effects of racism. Three hours lecture.

PSYC 030  3 Units
Social Psychology
Course Advisories: PSYC 001; Eligibility for ENGL 001 and SCC minimum math standard. This course will explore how thoughts, feelings, and behavior of individuals are influenced by the actual, imagined, or implied presence of others. Focus will be on the social factors that influence human behavior; other people, institutions, situations and the social and physical structures people have created. A review of the various perspectives unique to social psychologists and a variety of classical research in social psychology will be studied. Three hours lecture.

PSYC 034  3 Units
Human Sexual Behavior
Course Advisory: SCC minimum English standards. Objective exploration of the various issues pertaining to human sexual behavior from the perspective of the behavioral and social sciences. Some of the major topics to be discussed include history of sexuality, attitudes, behaviors, life styles, psychosexual development, role and identity, sexual dysfunctions, therapy and treatment. Three hours lecture.

PSYC 040  3 Units
Drugs, Society and Behavior
Course Advisories: Eligibility for ENGL 001 and SCC minimum Math standard. The course will cover the historical, sociological, psychological, physiological, pharmacological and legal aspects of drugs. Emphasis will be placed on the effects of stimulants, sedative-hypnotics, narcotics, hallucinogens, alcohol, marijuana and inhalants. Various education, prevention and treatment approaches will be discussed. Three hours lecture.

PSYC 049  1-3 Units
Honors
Prerequisites: Completion of 24 units of college credit with a minimum GPA of 3.3; a minimum of 5 units in the discipline with a grade of 'B' or better; an ability to work independently; permission of the division Dean based on instructor availability. Independent study designed for honor students who intend to major in psychology. Repeatable 3 times. Three to nine hours weekly by arrangement.

Special Topics
These courses, number 048 or 098 depending upon their transferability, are courses of contemporary interest centered on changing knowledge and important issues in the field. Announcements of Special Topics courses appear in the Schedule of Classes.