

# IMANI

**Intellectual-Motivated-Ambitious-Noble-Inspiring**



## **THE IMANI SISTERHOOD PROGRAM NEWSLETTER FALL 2022**

Welcome to the Fall 2022 Edition of the IMANI Sisterhood  
Program Newsletter

In this edition:

Message from Dr. Smith	...	2
Message from VP Neeley	...	3
IMANI Sisterhood Community Wall	...	4-5
• Workshops		
• Table Talks		
We're Here For You	...	6-8
• Scholarships		
• Transfer Center Updates		
More To Come	...	9



**KNOWLEDGE**

The adinkra  
symbol of  
knowledge, life  
long education and  
continued quest  
for knowledge.



KNOWLEDGE

*\* From the Desk of Dr. Smith \**

Greetings,

I am very excited to share the IMANI Sisterhood Program's Fall 2022 newsletter with you! In this edition of our newsletter we highlight our Fall semester activities and events in which we took a holistic approach, focusing not only on the academic experiences of our participants, but also on health and wellness. As you will see in the pages of our newsletter, we had a wonderful semester working with and getting to know our program participants, the IMANI Sisters.

In this season of thanks giving and gratitude, I want to personally thank all that have supported our program this semester, and extend an invitation to others in our campus community who would like to engage with our program and the IMANI Sisters. If you have any ideas for workshops, presentations and speakers, field trips, internship and scholarship opportunities, etc., or just want to collaborate in some way, please do not hesitate to reach out to us. Also, our recruitment efforts are ongoing as it is our goal to continue to expand our program and reach as many students in our target population as possible. If you have students you would like to refer to our program please ask them to visit the IMANI website at <https://welcome.solano.edu/imani-sisterhood-program/> where they can learn more about our program and complete a membership intake form.

I hope you have a wonderful and restorative Winter Break!

Happy Holidays,

*Tasha*

Tasha Smith, Ph.D.  
IMANI Sisterhood Program Coordinator







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## Welcome from the Vice President of Student Services Lisa Neeley

Hello!

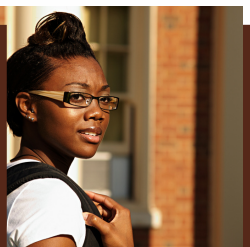
I am the new Vice President of Student Services at Solano College and I have just completed my first semester in this position. I started my career at Solano 4 years ago, working as a temp employee in Academic Support Services before moving over to the Dean of Career Technical Education for the past 3 years. I was born and raised in Berkeley, CA and worked in the film and television industries in Los Angeles before transitioning into higher education as a faculty member (teaching film development and production) and then as an administrator in student services.

Throughout my career I have ended up in roles where I can help mentor and empower young people to realize their potential. I am especially passionate about empowering women and unleashing our creativity, power, and leadership. My mission is to promote student success by leading from a framework of equity, humility, and empathy. My personal vision is to create anti-racist learning communities, programs, and innovative spaces for students to realize their potential and inhabit their authentic selves.

I believe we are living through unprecedented times as we determine what the future of community college will look like in a post-COVID world. Some of my office's priorities include building a Basic Needs Center on campus, providing additional student club/organization space, managing the college's 3-year student equity plan, ensuring we continue to deliver quality services at the Vallejo and Vacaville centers, working on a strategic marketing and enrollment plan for the college, and continuing to find ways to partner with students and center the student voice in all that we do. I am so excited about the work IMANI is doing in providing a place and space to celebrate and uplift our Black and African American sisters! Feel free to reach out at [lisa.neeley@solano.edu](mailto:lisa.neeley@solano.edu) or stop by my office. I'm located in Building 600 (604), where we always have an array of coffee and snacks.

Happy Holidays!

Lisa





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# IMANI SISTERHOOD COMMUNITY WALL

## Workshops

Our program hosted several informative and interactive workshops this semester.

During the week of October 16th, we held the IMANI Sisterhood Program College and Career Week. Our week started with the Career Center Workshop, facilitated by Patricia Young, Coordinator for SCC's Career and Employment Services Center.

Next, we hosted the Transfer Basics Workshop, facilitated by Emily Burt, SCC's Transfer Center Coordinator. Both of the workshops focused on the services and resources offered by the centers. The week concluded with a Vision Board Workshop where participants focused on creating a visual representation that outlines their goals, dreams, and aspirations.

We also hosted a virtual Meditation Workshop with Dr. Ronné Sims. Dr. Sims highlighted how meditation can help improve our mental health and well-being and shared with our participants how to incorporate a meditation practice into their self care routine.

Shout-out to our workshop facilitators for your support  
and collaboration with the IMANI Sisterhood



Patricia Young



Emily Burt



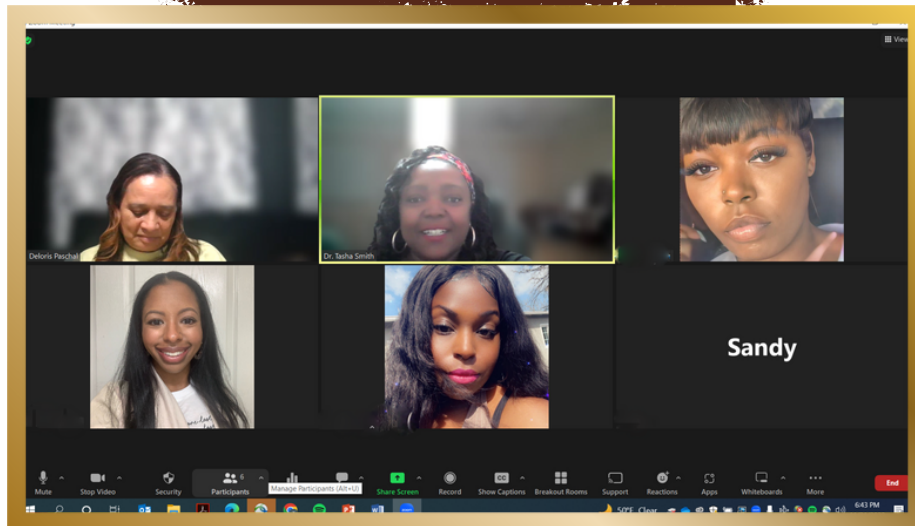
Dr. Ronné Wingate Sims



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# IMANI SISTERHOOD COMMUNITY WALL

## Table Talks



This semester we introduced our IMANI Table Talks. The Table Talks are modeled after an age old tradition of Black women sitting around the kitchen table discussing everyday issues. Relationships, parenting, work, politics, and activism, were often on the table to discuss. Of course, our parent's talks allowed for some gossip to creep into the conversation and children were not allowed to engage as they were told to "stay outta grown folks business".

The talks give our IMANI students a place to discuss their experiences and share information. Topics for the discussions are often focused, but we allow the space and opportunity for participants to feel free to bring anything to the table to discuss.

Our program held two table talk sessions this semester. The first talk was an introductory session where we discussed the goals of the program and allowed an opportunity for program participants to bring their thoughts, ideas, suggestions, and questions to the table. During this Table Talk our participants readily took advantage of the opportunity to engage with one another and shared information on a variety of topics.

The focus of the second session was Navigating College as a Black Female Student. The conversation allowed our participants to share and discuss their experiences while we explored topics such as juggling studies and other responsibilities like work and family commitments, the importance of belonging to a community, and the benefits and challenges of being a first generation college student. The Table Talk was extremely engaging and filled with sisterly support and encouragement.

Our table talks are currently held virtually via Zoom. Our goal for the upcoming Spring 2023 semester is to expand our table talk sessions to meet more frequently.



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## We're Here For YOU!

### Contact the IMANI team at:

707-864-7000 Ext. 4509  
Email: [IMANI@solano.edu](mailto:IMANI@solano.edu)



Fairfield Campus  
4000 Suisun Valley Rd.  
Student Services Building 400  
Second Floor, Room 435/437-A  
Fairfield, CA. 94534

### Services we offer:

- Mentoring
- Workforce Preparedness Workshops and Activities
- Health & Wellness Workshops and Activities

### Referrals to:

- Counseling
- Tutoring
- Scholarships
- Internships

### Members can participate in:

- College Campus tours
- Community Events
- Conferences
- Cultural Activities
- Forums and focus groups
- Table Talks
- And more...

## Your IMANI Team



Dr. Tasha Smith  
Program Coordinator



Deloris Paschal  
Outreach Specialist

If you would like to support the IMANI Sisterhood Program, please contact us. To make a financial donation, click [here](#) to be directed to our SCC webpage. Look for the 'Donate Here' icon.



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## We're Here For You

### Scholarships

#### *2022 and Ongoing Scholarships*

**Ownage's 'Make Us Laugh'** - \$1000 awarded to a student enrolled full-time at an accredited college. Applicant must submit a 3-5 minute video that showcases their comedic talent. Click [here](#) to apply and for additional information. Final date to apply - **12/31/22**.

**Nitro** - \$2,000 awarded to a student, age 17 years or older, currently enrolled in a U.S. accredited college or university, and is a U.S. resident. Click [here](#) to apply. Final date to apply - **12/31/22**

**LA Tutors 123 Education** - \$500 awarded monthly. Must maintain a minimum GPA of 3.0 and have designed an innovative project that makes a difference in the lives of others. **Apply by the 20th of each month.** Click [here](#) to apply and for additional information.

#### *2023 Scholarships*

**Jonah Engler** - \$1000 awarded to a student attending an accredited US-based university, with an excellent academic record, and demonstrates an ability to lead. Click [here](#) to apply and for additional information. Final date to apply - **2/15/2023**

**2023 Know Your Rights** - \$1000 awarded to a student currently enrolled in a undergraduate, graduate, or law program and maintains a GPA of at least 3.0. Click [here](#) to apply and for additional information. Final date to apply - **2/28/2023**.

**Grassroots Turf Scholarship** - \$1500 awarded to a high school student planning to pursue a post secondary degree or a college student pursuing a post secondary degree. Click [here](#) to apply and for additional information. Final date to apply - **6/1/2023**

This is just a small sampling of the many scholarships available to students. To research other scholarships you may qualify for, click this [link](#) to be taken to the SCC webpage.





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# We're Here For You

## Transfer Center Updates

By Emily Burt

***Many campuses are still accepting applications for the Fall 2023 semester—don't miss your chance to apply!***

University of California campuses that are still accepting applicants include UC Merced, UC Riverside, UC Santa Barbara, UC Santa Cruz, and UC San Diego. These applications are due on January 6th, 2023.

The California State University campuses have multiple deadlines. You can find which campuses are still open for applications, and what their deadlines are, by following this link:

<https://www.calstate.edu/apply/Pages/application-dates-deadlines.aspx>

If you need assistance with your application, feel free to check out the following resources:

CSU Application link: <https://www.calstate.edu/apply>

CSU Transfer Application Guide: <https://www.calstate.edu/apply/transfer/Documents/transfer-application-guide-23-24.pdf>

CSU Application YouTube playlist: [https://www.youtube.com/playlist?list=PLW\\_fdYPM77dfOFQjY4i4tyJfYkyiPR7Uh](https://www.youtube.com/playlist?list=PLW_fdYPM77dfOFQjY4i4tyJfYkyiPR7Uh)

UC Application link: <https://admission.universityofcalifornia.edu/apply-now.html>

UC Transfer Application Guide: [https://admission.universityofcalifornia.edu/\\_assets/files/how-to-apply/application-guide-transfer-applicants.pdf](https://admission.universityofcalifornia.edu/_assets/files/how-to-apply/application-guide-transfer-applicants.pdf)

UC Application YouTube playlist: [https://www.youtube.com/playlist?list=PLW\\_fdYPM77ddwN98JDmsaMJdnZ5NGHcm4](https://www.youtube.com/playlist?list=PLW_fdYPM77ddwN98JDmsaMJdnZ5NGHcm4)

Personal Insight Question Assistance: <https://admission.universityofcalifornia.edu/how-to-apply/applying-as-a-transfer/personal-insight-questions.html>

The Transfer Center will be open through December 19th, and we can help with any questions up until that point. Please email [transfer@solano.edu](mailto:transfer@solano.edu) for assistance. Otherwise, we will open back up on January 4th.

Make sure to keep an eye on the Transfer Center Events Calendar to see what is going on each week! You can find this calendar on our website:

<https://welcome.solano.edu/transfer-center-events/>.

Many events will be posted next year. If you're curious about when the Transfer Center is open for walk-ins, please visit the Transfer Center Homepage to view our Zoom drop-in/in person walk-in calendar: <https://welcome.solano.edu/transfer-center-homepage/>







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## More to Come - Spring 2023

We are just weeks away from the Spring 2023 semester and the IMANI Sisterhood team is busy planning activities for the new semester.

\*\*Some of the activities we are working on include:



\*\*Activities and Events are Subject to Change

### Workshops:

Poetry/Spoken Word  
Mental Health Wellness  
Career Related  
Transfer Basics  
Meditation  
Financial Wellness  
Vision Board

### Tours:

Colleges and Universities

### Cultural Events:

Museums  
Plays  
Dance Performances

### Other Activities:

Table Talks  
Meet and Greet  
Paint Night  
End of the Semester Celebration

## We are on Social Media

Scan the QR codes to follow us



Instagram



Facebook



Twitter

